**DYNACORD™ Suture: Comparative Maintenance of Approximation Force on a Simulated Repair**

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**OBJECTIVE:**
The use of suture to approximate soft tissue is a common technique used during surgery. Suture is typically attached to an anchor, passed through tissue, and then a knotted or knotless technique is utilized to compress the tissue back down to the attachment site. Although the use of sutures and anchors is the preferred method to complete these repairs, there are properties of suture such as *laxity, creep and knot slippage*, in addition to uncontrollable factors including bone/tissue quality and *unforeseen stress loads*, all of which can negatively impact the maintenance of tissue approximation during the healing period. The primary objective of this study is to evaluate the ability of suture to maintain an *approximation force* (Figure 1) for DYNACORD™ Suture (DePuy Synthes Mitek Sports Medicine, Massachusetts) and FiberWire® suture (Arthrex, Florida) under both static and cyclic load conditions.

These small voids are consequently filled with fluid as the core hydrates, resulting in a radial expansion of the suture braid. This radial expansion of the braid causes an axial shortening of the total suture length (Figure 2).

**DYNACORD™ SUTURE TECHNOLOGY:**
DYNACORD #2 Suture is a high strength orthopedic suture that is composed primarily of an outer Ultra High Molecular Weight Polyethylene (UHMWPE) sheath, inner polyester (PET) sheath and a silicone/NaCl filled core. When DYNACORD Suture is placed in an aqueous environment, the salt particles within the silicone core elute out, leaving behind a micro-porous structure within the silicone core.

**METHODS:**
DYNACORD and FiberWire sutures (size #2) were loaded into fixtures designed to be submerged in 0.9% phosphate-buffered saline bath held at 37°C. These fixtures feature a submergible load cell (OMNI DDEN 250) and a preloading fixture used to simulate soft tissue repair techniques. These fixtures were designed to monitor the amount of approximation force a suture can maintain on a simulated repair. Each suture was routed around a mandrel connected to the load cell and rigidly clamped near the base of the fixture. The length of suture loaded within the fixture was approximately 5 cm which is representative of the amount of suture routed through a rotator cuff anchor and passed through tissue. Sutures were subjected to an initial pre-loading condition to simulate knot tying. After preloading, the initial approximation force applied to the suture was set to 20 newtons (N). A study conducted with 24 practicing surgeons found the average approximation force on a...
simulated rotator cuff repair was 19.5N.\textsuperscript{2} Each fixture was then fully submerged in a circulating saline bath held at 37°C to simulate in-vivo conditions. For static load, the approximation force of the DYNACORD and FiberWire sutures were monitored over a 2-week period with a data point recorded every 5 minutes. For cyclic load, a 50N load was applied to the sutures approximately once a day for 2 weeks.\textsuperscript{3} Nine samples of each suture type were loaded for both static and cyclic testing.

**RESULTS:**
In static conditions, the average remaining approximation force after an initial load of 20 N was 19.4 N ± 1.1 N with DYNACORD Suture and 8.3 N ± 0.7 N with FiberWire suture (Figure 3).\textsuperscript{4} In cyclic conditions, the average remaining approximation force after an initial load of 20 N and 50 N load spikes was 18.8 N ± 0.6 N for DYNACORD Suture and 5.0 N ± 1.6 N for FiberWire suture (Figure 4).\textsuperscript{5} Both tests reported statistical significance with a confidence level greater than 95% (p-value < 0.05, n = 9 per suture). DYNACORD Suture’s response to varying initial loads was also evaluated as part of this study (Figure 5).\textsuperscript{6} The DYNACORD Suture has been designed not to add excessive approximation force to the repair.

**CONCLUSION:**
The ability of DYNACORD Suture to expand radially and contract axially allows the suture to minimize suture laxity or potential loss of compression due to stress loads. The remaining approximation force of DYNACORD Suture is statistically greater after both 2 weeks (static and cyclic) when an initial load of 20 N was applied. In summary, DYNACORD Suture is uniquely designed to maintain set approximation force. Further research should aim to validate these findings in a clinical setting.