



# BENEFITS OF INTRACARDIAC ECHOCARDIOGRAPHY IN AF ABLATION

## INTRACARDIAC ECHOCARDIOGRAPHY PROVIDES REAL-TIME VISUALIZATION OF CARDIAC STRUCTURES DURING CATHETER ABLATION PROCEDURES FOR ATRIAL FIBRILLATION.<sup>1</sup>

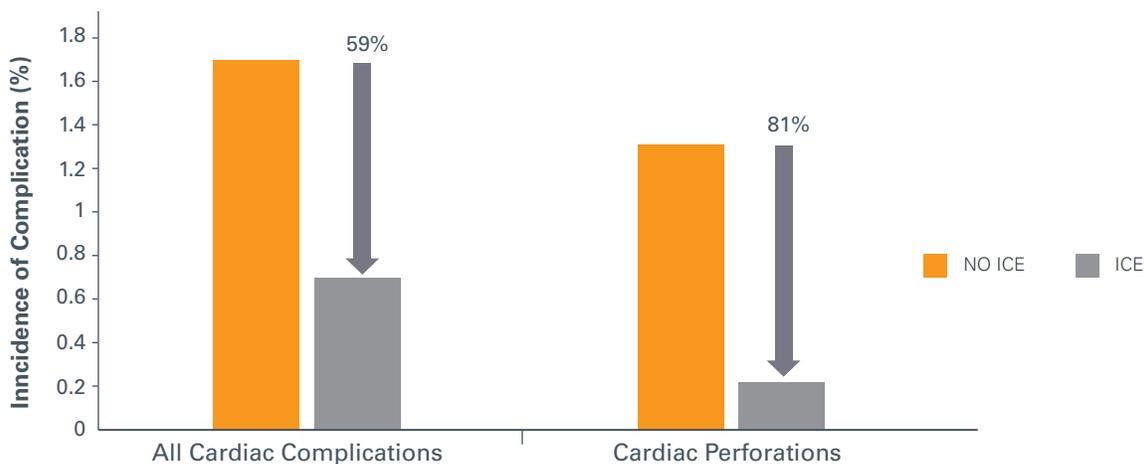
Use of intracardiac echocardiography (ICE) improves the efficiency and safety of catheter ablation by producing accurate procedural imaging of the cardiac anatomy, providing guidance for the trans-septal puncture, and relaying real-time feedback on catheter contact with heart tissue.<sup>1</sup>

Use of ICE during catheter ablation for AF may reduce health resource utilization by minimizing the rate of complications and its antecedent long term patient burden.



### FEWER CARDIAC COMPLICATIONS

One retrospective study found that **ICE-guided ablation was associated with 59% fewer cardiac complications** (including thromboembolic events and cardiac tamponades) and **81% fewer cardiac perforations**, as compared to ablations not guided by ICE.<sup>4</sup>



Aldhoon et al. 2013<sup>A</sup>

<sup>A</sup> Retrospective analysis of 1192 AF ablation procedures with ICE against non-ICE performed procedures.

Fluoroscopic x-ray imaging during ablation exposes patients and medical staff to potentially harmful ionizing radiation, which may lead to missed work, chronic musculoskeletal pain and increased likelihood of developing cancer.



**UP TO 62%  
EXPERIENCE  
CHRONIC PAIN**

Up to 62% of medical staff involved in radiation procedures experience chronic musculoskeletal pain from wearing heavy protective lead garments.<sup>7,8</sup>



**EQUIVALENT TO  
830 CHEST  
X-RAYS**

Patients are exposed to a radiation dose equivalent to 830 chest x-rays during a conventional ablation procedure.<sup>9</sup>



**1 IN 100  
WILL DEVELOP  
CANCER**

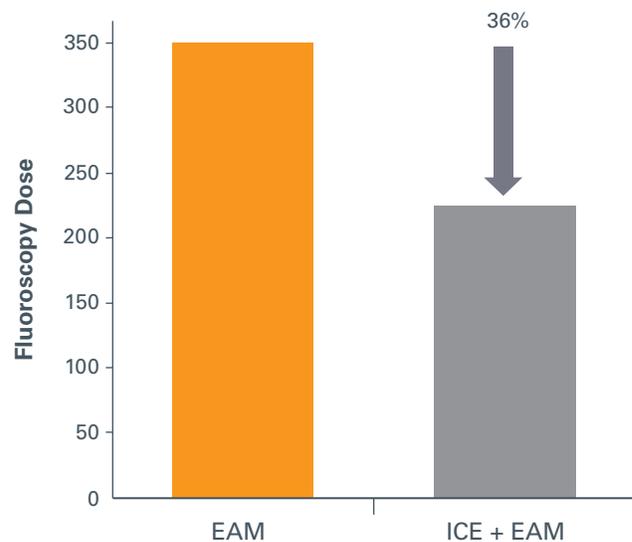
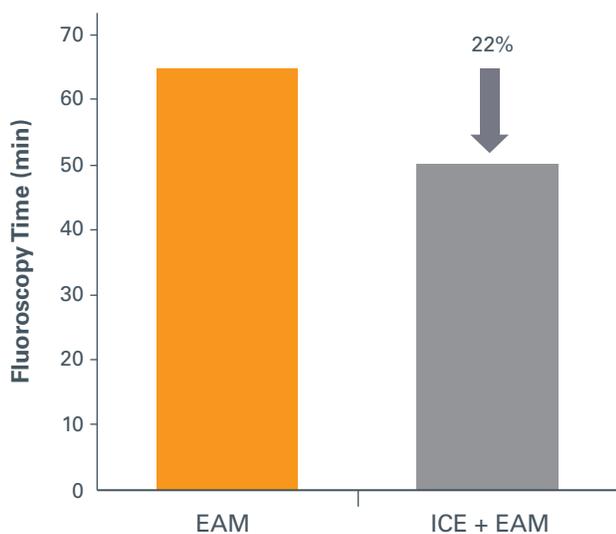
Even with appropriate protective measures, experienced cardiac electrophysiologists have high rates of cumulative radiation exposure: an estimated 1 in 100 will likely develop cancer from this exposure during their lifetime.<sup>9</sup>



**1/3  
REPORTED  
MISSING WORK**

Over one-third of interventional cardiologists with spinal complaints reported missing work due to spine problems; this may lead to substantial losses in hospital revenue.<sup>7,8</sup>

When ICE is used in conjunction with an electroanatomic mapping system, fluoroscopy is significantly reduced without compromising procedural efficacy.<sup>10</sup>



Brooks et al. (2013) Prospective, randomized study of 60 patients with AF

Pre-procedural imaging utilizing ICE provides more accurate visualization of the left atrium and atrial appendages compared with transesophageal echocardiography, resulting in superior diagnostic capability<sup>2,3</sup>.



**↑ GREATER  
DETECTION  
OF THROMBI**

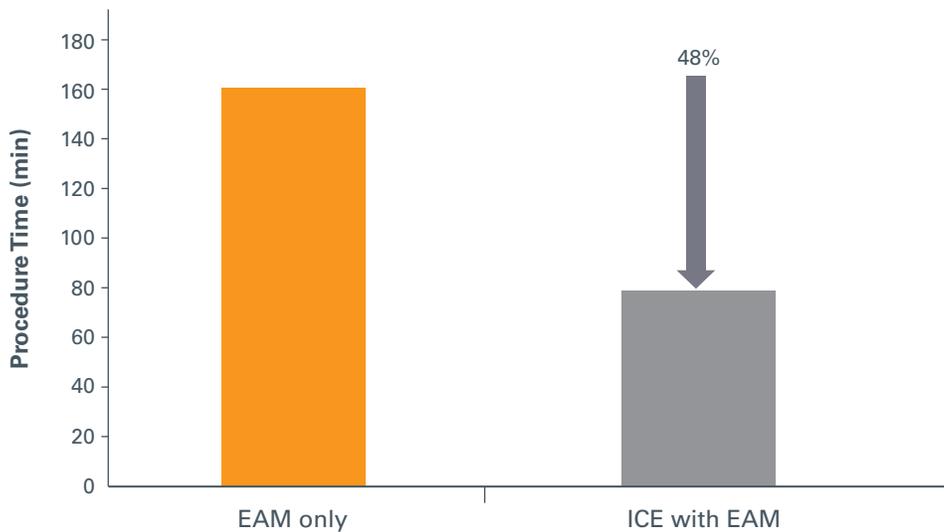
Undetected thrombi may result in severe procedural complications. In a prospective, blinded study of 71 AF ablation procedures where 4 total thrombi were detected, **all thrombi were detected by ICE but only one was detected by TEE.**<sup>3</sup>

Use of ICE improves procedural efficiency by significantly reducing procedure time.



**48%  
REDUCTION IN  
PROCEDURE TIME**

In one prospective study of AF patients receiving ablation, **total procedure time was reduced by 48% when ablation was guided by ICE with electroanatomical mapping (EAM) compared to electroanatomical mapping alone.**<sup>6</sup>



**Russo et al. 2015**  
Prospective study of 37 AF patients

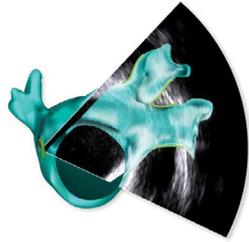
ICE may provide cost-savings by reducing the need for repeat ablations.



**32%  
REDUCTION IN  
REPEAT ABLATION**

In a retrospective analysis of 11,525 patients receiving ablation for AF, use of **ICE imaging during ablation procedures was associated with 32% lower rates of repeat ablation at 6 months.**<sup>5</sup>

Biosense Webster, Inc. technology seamlessly integrates intracardiac echocardiography into ablation procedures.



The **SOUNDSTAR® 3D Catheter** and **CARTOSOUND® Module** enable the addition of ultrasound imaging in electrophysiology procedures, reducing the need for fluoroscopy and enabling safe and efficient AF ablation procedures.

The **SOUNDSTAR® 3D Catheter** and **CARTOSOUND® Module** integrate real-time intracardiac echocardiography imaging in the proven accuracy of the **CARTO® 3 System** environment, enhancing visualization and navigational confidence.

Integration of ultrasound with **CARTO® 3 System** technology streamlines procedural efficiency, contributes to safety, and enhances the clarity of anatomical images.

# REFERENCES

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